

POST-SURGICAL RECOMMENDATIONS FOR PREAURICULAR FISTULA

Process: Care and Treatment | Code: CT-FO-144 | Version: 03 | Approval Date: May 19, 2016

GENERAL CARE

- Sleep on the opposite side of the operated area.
- Do not wash your head/hair to avoid wetting the wound, unless otherwise indicated by your doctor.
- Do not remove the gauze and Micropore tape left over the wound; the doctor will remove them.
- Do not smoke.

WOUND CARE

- After the stitches are removed, wash the wound with plenty of soap and water. Always ensure proper hand hygiene.
- If you notice redness (rubor), pain, or heat around the wound, consult your treating doctor.

DIETARY CARE

- Maintain a normal diet.
- Avoid dairy products and carbonated beverages (sodas) during the first day to prevent vomiting.

MEDICATIONS AND CARE

- Take only the medications prescribed by your treating doctor.
- Avoid Aspirin[®], Naproxen[®], Advil[®], Ibuprofen[®], and herbal/natural remedies.
- Consult your treating doctor regarding any medications you were taking before the surgery and their post-surgical administration.

DO NOT BE ALARMED

- If you experience serosanguinous discharge (watery blood) from the surgical wound.

WARNING SIGNS

If you experience any of the following warning signs, you must contact your doctor immediately:

- Discharge of pus from the wound.
- Redness (rubor) or heat around the wound.
- Heavy or abundant bleeding.
- If the wound extends toward the front part of the face and you experience paralysis on the operated side.

YOUR SAFETY IS VERY IMPORTANT TO US If you have not yet contacted your doctor, you can call the clinic at **2658584 ext. 170-177**. Please note that phone hours are Monday through Friday from 6:00 AM to 9:00 PM. Alternatively, you can write to **seguridad.paciente@clinicaorlant.com** to receive further instructions.

The content of this document is the exclusive property and for the sole use of the Clínica de Otorrinolaringología de Antioquia S.A. Any photocopy taken from this document is considered an UNCONTROLLED COPY.